

# ENDOSCOPY

## 2019

### Endoscopy in Evolution



26<sup>th</sup> - 28<sup>th</sup> April 2019

Auditorium, 13<sup>th</sup> Floor, Menara Selatan  
University Malaya Medical Centre  
Kuala Lumpur, Malaysia

Organised by



Malaysian Society of  
Gastroenterology and Hepatology



University of Malaya

Souvenir Programme

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## Message



*Assalamu'alaikum Warahmatullahi Wabarakatuh* and greetings.

It gives me great pleasure to give an opening message for this year's Endoscopy Workshop. This workshop has been a tradition since 1993 and was inaugurated by Emeritus Professor Dato' Dr Goh Khean Lee.

The Endoscopy Workshop is in keeping with University of Malaya's vision which is to advance knowledge and learning through quality research and education for the nation and for humanity. The theme 'Endoscopy in Evolution' is particularly fitting as Emeritus Professor Dato' Dr Goh Khean Lee has truly witnessed and contributed to the progress of this rapidly changing field over the decades.

Congratulations to the course director, Professor Dr Ida Normiha Hilmi, and the President of the Malaysian Society of Gastroenterology and Hepatology, Dr Tan Soek Siam, and a warm welcome to our distinguished international faculty.

For those of you who have been to Malaysia before, welcome back and for those who are here for the first time, we hope you will enjoy our Malaysian culture and hospitality.

With best wishes,

**Professor Datuk Ir (Dr) Abdul Rahim Kasim Hashim**  
Vice-Chancellor  
University of Malaya

## Message



It gives me great pleasure to welcome all delegates and our esteemed Faculty to Endoscopy 2019! The live endoscopy workshop at University Malaya Medical Centre has been a proud tradition for many years, having been initiated by Emeritus Professor Dato' Dr Goh Khean Lee, the previous Head of the Combined Endoscopy Unit. This workshop provides international-level, Gastro-Intestinal Endoscopy demonstrations by acclaimed endoscopists - all for the educational benefit of doctors and healthcare professionals in Malaysia. As the top-ranking university in Malaysia, and a leading tertiary institution in Asia, it is most apt that our state-of-the-art clinical and teaching facilities are being utilised for this excellent Live Demonstration workshop.

I am most grateful and appreciative for the expertise of our local academic and clinical staff at UMMC, ably led by Professor Dr Ida Normiha Hilmi, who is the current Head of the Combined Endoscopy Unit. They are the backbone of this workshop and deserve all credit for the excellent course planned for you over the next three days.

I understand that this workshop is jointly organised between University Malaya Medical Centre and the Malaysian Society of Gastroenterology and Hepatology (MSGH). I am grateful to MSGH for all assistance provided in the organisation of this event.

Lastly, I would like to thank the pharmaceutical and biomedical Industry for their unfailing support - ensuring the feasibility and success of this top-class training workshop.

**Professor Dato' Dr Adeeba Kamarulzaman**  
Dean, Faculty of Medicine  
University of Malaya

## Message



It gives me great pleasure that once again that the University Malaya Medical Centre in collaboration with the Malaysian Society of Gastroenterology and Hepatology, is organising our annual Endoscopy Workshop, themed “Endoscopy in Evolution”.

I wish to congratulate Professor Dr Ida Normiha Hilmi, Dr Tan Soek Siam and the other organisers of this meeting and welcome our distinguished guests from overseas: Mary Bong and Payal Saxena from Australia; Ping-Hong Zhou from China; Helmut Neumann from Germany; Hisatomo Ikehara, Mitsuhiro Kida and Tomonori Yano from Japan; Tiing-Leong Ang and Nenny Suzanah from Singapore.

As part of our objectives to be one of Malaysia’s premier medical centres, University Malaya Medical Centre is committed to supporting such top-class educational events and I hope that the workshop will also benefit the centre in terms of introducing new developments in this field.

Wishing all of you a fruitful and enjoyable workshop.

A handwritten signature in black ink, appearing to read 'T. Kamarul Zaman'. The signature is fluid and cursive, with a period at the end.

**Professor Dr Tunku Kamarul Zaman bin Tunku Zainol Abidin**  
Director  
University Malaya Medical Centre

## Message



Warm welcome to Endoscopy 2019. This year is the 25<sup>th</sup> anniversary of the Malaysian Society of Gastroenterology and Hepatology. The theme for Endoscopy 2019 on the Society's Silver Jubilee celebration is aptly called "Endoscopy in Evolution". The Malaysian Society of Gastroenterology and Hepatology is honoured to partner with University of Malaya to bring to you Endoscopy 2019 at University Malaya Medical Centre Endoscopy Unit, a World Endoscopy Organization Center of Excellence for 2008-2014 and 2015-2020.

The Organising Committee has put together an exciting three-day programme which features sessions for GIAs, for our budding gastroenterologists. We have the Young Consultants and GI forum and two hands-on workshops namely the Advanced EUS and the Therapeutic Endoscopy.

Due to the great response last year, we are featuring "Malaysia Boleh" for the second consecutive year. It is a competition for the Best Endoscopic Video from our local talents.

This year MSGH Special Lecture and University of Malaya Distinguished Lecture will be given by our eminent faculty, Professor Dr Mitsuhiro Kida, on "The role of EUS in the screening and treatment of pancreatic cancer."

I would like welcome our guest faculty and thank you for giving your valuable time to share your skills with our members and delegates on top of a series of very interesting and useful didactic lectures during this course.

I would also like to thank the organising committee and secretariat, our sponsors, the patients and their families, the staff of UMMC Endoscopy unit and all the delegates for joining us.

Lastly please mark your calendar for GUT 2019 which will be held on the 16<sup>th</sup> to 18<sup>th</sup> August 2019 in Kuala Lumpur.

**Dr Tan Soek Siam**  
President  
Malaysian Society of Gastroenterology and Hepatology 2017-2019

## Message



Welcome to our Endoscopy 2019 held in collaboration with MSGH. I would like to extend my warmest appreciation to Dr Tan Soek Siam, President of MSGH, for her continuous support as well as Professor Dr Adeeba and Professor Dr Tunku Kamarul for making this possible. As usual, many thanks to our wonderful team of doctors, nurses, and support staff who have worked tirelessly to make the event a success.

This year's theme: Endoscopy in Evolution was chosen to mark my own journey in the field of Endoscopy for the last two decades which many other senior endoscopists can relate to; I was still using the 'eyepiece' fibreoptic endoscopes when I first joined gastroenterology in the UK. Back in 2000, who among us would have imagined that complete endoscopic visualisation of the small bowel would become standard of care, that locally advanced tumours could be removed endoscopically and that we can perform biliary drainage in almost all situations; be it through ERCP or EUS. The future is already clear; the incorporation of artificial intelligence/robotics will transform how we diagnose and manage many GI conditions endoscopically and I am excited to tag along for the ride.

Our faculty this year comprises key opinion leaders who between them encompass all the major areas of endoscopy. It is our great honour to have Dr Mitsuhiro Kida, a recognised 'sensei' in the field EUS and who has trained many of us here in Malaysia. I would also like to warmly welcome our other world renowned faculty; Dr Tiing-Leong Ang, Dr Hisatomo Ikehara, Dr Helmut Neumann, Dr Payal Saxena, Dr Tomonori Yano and Dr Ping-Hong Zhou and last but certainly not least, our old friends Mary Bong and Nenny Suzanah who are regular faculty members to our GIA workshop.

A handwritten signature in black ink, appearing to read 'Ida Hilmi'.

**Professor Dr Ida Normiha Hilmi**  
Course Director

## Objectives and Format of Workshop

Emphasis on practical tips in therapeutic endoscopy: technique, indications limitations and pitfalls. In particular in this year's workshop we will be introducing several new sophisticated procedures for participants to learn, appreciate their utility and apply them in daily clinical practice which is guided by evidence based literature.

Procedures will include direct cholangioscopy, EUS guided core biopsy and EUS guided cystogastrostomy, endoscopic submucosal dissection (ESD) and endoscopic mucosal resection (EMR) of gastric and colonic neoplasm, submucosal tunneling and endoscopic resection (STER) as well as peroral endoscopic Myotomy (POEM).

## Highlights

### **26<sup>th</sup> April 2019 (Friday)**

GIA Workshop

Hands-on Workshops on Ex-vivo Models

### **26<sup>th</sup> April 2019 (Friday) Afternoon**

Young Consultants and GI Fellows Forum & Workshop

### **27<sup>th</sup> April 2019 (Saturday)**

MSGH and University of Malaya Distinguished Lecture

### **27<sup>th</sup> April 2019 (Saturday) Evening**

Workshop Dinner

### **27<sup>th</sup> April 2019 (Saturday) and 28<sup>th</sup> April 2019 (Sunday)**

Live Demonstrations



## Malaysian Society of Gastroenterology and Hepatology Committee 2017-2019

President Dr Tan Soek Siam

President Elect Professor Dr Raja Affendi Raja Ali

Immediate Past President Dr Akhtar Qureshi

Hon Secretary Professor Dr Lee Yeong Yeh

Hon Treasurer Dr Tee Hoi Poh

Committee Members Professor Dr Chan Wah Kheong  
Associate Professor Dr Alex Leow Hwong Ruey  
Dr Nazri Mustaffa  
Datuk Dr Raman Muthukaruppan  
Professor Dr Sanjiv Mahadeva  
Emeritus Professor Dato' Dr Goh Khean Lee  
Dato' Dr Tan Huck Joo

## Endoscopy 2019 Organising Committee

Chairman	Dr Tan Soek Siam
Course Director	Professor Dr Ida Normiha Hilmi
Course Coordinators	Professor Dr Sanjiv Mahadeva Associate Professor Dr Alex Leow Hwong Ruey Associate Professor Dr Ho Shiaw Hooi Dr Ruveena Bhavani Rajaram
Advisor	Emeritus Professor Dato' Dr Goh Khean Lee
Technical Director	Associate Professor Dr Alex Leow Hwong Ruey
Technical Committee (AV)	Mr Mohd Zahir (Head of IT, UMMC) Mr Mohd Hanifa Mr Muhammad Aminudin Razali
Committee Members	Professor Dr Rosmawati Mohamed Dr Abdul Malik Mohamed Thalha Dr Khoo Stanley Dr Chuah Kee Huat Dr Thevaraajan Jayaraman Dr Nik Razima Dr Rajesh Kumar Paramasivam Associate Professor Dr Yoong Boon Koon Dr Koh Peng Soon Dr Koong Jun Kit Professor Dr April Camilla Roslani Associate Professor Dr Lau Peng Choong Dr Suresh Sithambaram Dr Manley Chong Uy
Secretariat	Ms Molly Kong Ms Dian Suhana Suhaimi

## Coordinators

Live Workshop	Associate Professor Dr Alex Leow Hwong Ruey Associate Professor Dr Ho Shiaw Hooi Dr Ruveena Bhavani Rajaram Dr Khoo Stanley Dr Abdul Malik Mohamed Thalha
Technical Committee	Associate Professor Dr Alex Leow Hwong Ruey Associate Professor Dr Ho Shiaw Hooi Dr Khoo Stanley
Facilities	Dr Khoo Stanley Dr Abdul Malik Mohamed Thalha Dr Chuah Kee Huat Dr Thevaraajan Jayaraman Dr Manley Chong Uy
MSGNMA Course	Dr Chuah Kee Huat Dr Thevaraajan Jayaraman
Advanced EUS Hands-on Workshop	Professor Dr Ida Normiha Hilmi Associate Professor Dr Alex Leow Hwong Ruey Dr Rajesh Kumar Paramasivam Dr Suresh Sithambaram
Basic Therapeutic Endoscopy Hands-on Workshop	Professor Dr Sanjiv Mahadeva Associate Professor Dr Ho Shiaw Hooi
Young Consultants & GI Fellows Workshop	Professor Dr Ida Normiha Hilmi Dr Nazri Mustaffa Dr Nik Razima

## MSGNMA Programme Committee

Course Director	Ms Jernih M Lim
Co-Course Directors	Ms Suzilawati Tulot
Course Coordinators	Dr Chuah Kee Huat Dr Thevaraajan Jayaraman

## UMMC GIA Team 2019

Ms Suzilawati Tulot  
 Ms Aalauyah Mat Rashid  
 Ms Noor Atini Omar  
 Ms Rosnah Juhari  
 Ms Roswati Ismail  
 Ms Hamidah Desa  
 Ms Haryati Muharam  
 Ms Royzita Baharuddin  
 Ms Siti Habibah Saad  
 Ms Nur Alyaa Adibah Zakaria  
 Ms Suhaili Sukandar  
 Ms Siti Noor Hazlin Selamat  
 Ms Chuan Hue Loo  
 Ms Nur Hidayah Mohd Yusoh  
 Ms Siti Normala Khamis

Ms Rosni Aminza Romli  
 Ms Anum Aznur Ahmad Basrah  
 Ms Norsyuazzah Ramli  
 Ms Khalidah Abdul Jalil  
 Ms Juliana Abdul Karim  
 Ms Nor Hanis Hashim  
 Ms Nur Syazana Ismail  
 Ms Faizah Pakwan Chik  
 Mr Muhammad Amin Abu Kasim  
 Ms Norhayati Musa  
 Ms Zarinah Sudin  
 Mr Jamil Sharifuddin  
 Mr Mohd Zainon Mat Said  
 Mr Dzul Izwan Abdul Mazin  
 Ms Salina Ahmad

## MSGNMA Chapter of the MSGH Committee Members 2019-2021

### Chairman

Ms Jernih M Lim

### Vice Chairman

Ms Liew Siaw Hun

### Secretary

Mr Zulkifli Mohd Zain

### Assistant Secretary

Ms Chin Sui Fei

### Treasurer

Ms Rohaida Daud

### Senior Endoscopy Nursing Advisor

Mr Philip Gisan

### National Advisors

Datuk Dr Jayaram Menon  
 Datuk Dr Raman Muthukaruppan

### Endoscopy Nursing Scientific Advisor

Emeritus Professor Dato' Dr Goh Khean Lee

### Committee Members

Mr Hj Kusai Hj Alias  
 Mr Che Mohamad Amran Che Omar  
 Mr Azahar Othman  
 Mr Md Rusdi Tahar  
 Ms Alice Lawet  
 Ms Malaiyarsi Sellamuthu  
 Ms Norleza Hassan  
 Mr Savio Sanggang  
 Ms Geetha Suseelan  
 Ms Manorani K Doresamy  
 Ms Suzilawati Tulot  
 Ms Rosalin Sulit

## International Faculty

**Tiing-Leong Ang**

*(Singapore)*

**Hisatomo Ikehara**

*(Tokyo, Japan)*

**Mitsuhiro Kida**

*(Tokyo, Japan)*

**Helmut Neumann**

*(Nuremberg, Germany)*

**Payal Saxena**

*(Sydney, Australia)*

**Tomonori Yano**

*(Tokyo, Japan)*

**Ping-Hong Zhou**

*(Shanghai, China)*

## GIA Faculty

**Mary Bong**

*(Sydney, Australia)*

**Nenny Suzanah**

*(Singapore)*

## Curriculum Vitae of Faculty



### **Tiing-Leong Ang** Singapore

Professor Dr Tiing-Leong Ang is currently the Chief and Senior Consultant at the Department of Gastroenterology and Hepatology and the Director of the Endoscopy Centre at Changi General Hospital, Singapore. He is a Professor at the Yong Loo Lin School of Medicine, National University of Singapore. He is a past president of the Gastroenterological Society of Singapore and a former council member of the Asia Pacific Association of Gastroenterology (APAGE). He is also a member of the Asian EUS Group (AEG). He completed his specialty training in Gastroenterology in 2004 and subsequently underwent further training in advance therapeutic ERCP and interventional EUS in Hamburg, Germany from 2004 to 2005. He also trained in Endoscopic Submucosal Dissection (ESD) in Tokyo, Japan in 2007. His areas of clinical interests include pancreaticobiliary diseases, early GI cancers, image enhanced endoscopy, endoscopic resection, therapeutic ERCP and interventional EUS. He sits on several editorial boards of peer-reviewed journals, including the Journal of Gastroenterology and Hepatology, Singapore Medical Journal, Journal of Digestive Diseases and Endoscopic Ultrasound.



### **Hisatomo Ikehara** Tokyo, Japan

Associate Professor Dr Hisatomo Ikehara is a senior endoscopist and currently serves at the Gastroenterology and Hepatology Division at the Nihon University, Tokyo, Japan. He is an expert in endoscopic submucosal dissection of early gastric and colorectal cancer where he is considered a leading world expert. He has having being invited for lectures and live demonstrations throughout Asia and Europe.



### **Mitsuhiro Kida** Tokyo, Japan

Professor Dr Kida is Director of Endoscopy Center and Professor at the Kitasato University Hospital, Sagami-hara, Kanagawa, Japan. Dr Kida is an expert in pancreatobiliary endoscopy including ERCP and endoscopic ultrasonography where he is considered a leading world expert. He is a much travelled man, having been invited for lectures and live demonstrations throughout Asia and Europe. He is a key member of the Asian Endoscopic Ultrasound Group (AEG) and has mentored many trainees in EUS at his endoscopy center. He successfully held the 3<sup>rd</sup> Asian EUS Congress in Tokyo earlier this month.

## Curriculum Vitae of Faculty



### **Helmut Neumann** Nuremberg, Germany

Professor Dr Helmut Neumann is Professor of Medicine and Director of Endoscopy at the Department of Internal Medicine, University Medical Center, Mainz, Germany. He is actively involved in basic and clinical research in the areas of advanced endoscopic imaging. His main research focus is inflammatory bowel disease, infectious colitis, colon polyps and Barrett's esophagus. Professor Dr Neumann has received a number of awards for clinical excellence and acts as a reviewer for various journals including Nature, The Lancet, Gastroenterology, Gastrointestinal Endoscopy and Endoscopy. Dr Neumann acts as Associate Editor for Digestive Endoscopy and Digestive and Liver Disease and as Editorial Board Member of Endoscopy, United European Journal, The Video Journal and Encyclopedia of GI Endoscopy. He has also been assigned as a member of the ASGE International Committee and a Fellow of the American Society for Gastrointestinal Endoscopy (FASGE). His contribution to the field of endoscopy is officially recognised by the American Society for Gastrointestinal Endoscopy (ASGE) and the European Society of Gastrointestinal Endoscopy (ESGE). He has published over 160 articles in the field of advanced endoscopic imaging and on new and emerging endoscopic devices. His scientific research was published in high-rated journals including Nature, Lancet Oncology, Nature Medicine, Gastroenterology, Gastrointestinal Endoscopy and Endoscopy. Besides, he holds multiple patents on advanced endoscopic imaging techniques.



### **Payal Saxena** Sydney, Australia

Associate Professor Dr Payal Saxena is currently an Interventional Endoscopist at the AW Morrow Unit at the Royal Prince Alfred Hospital, Sydney, Australia. She is a Clinical Associate Professor at the University of Sydney, Adjunct Assistant Professor of Medicine at the John Hopkins University, and the Academic Lead for interventional gastroenterology at the Institute of Academic Surgery at the Royal Prince Alfred Hospital. She is a member of the AGW Scientific Programming Committee, Australian Gastrointestinal Endoscopy Association Committee, Asian Third Space Endoscopy Consortium Steering Committee, and Asia Pacific EUS Working Party. She is also the co-founder of Women in Gastroenterology Network Asia Pacific (WIGNAP). After completing her Gastroenterology specialty training in Australia, she underwent a research and clinical fellowship in GI Advance Therapeutics at the John Hopkins University, USA from 2012 to 2014. She has a special interest in various aspects of GI endoscopy including therapeutic EUS, ERCP, ESD and POEM. She is a member of the editorial board of the Endoscopic Ultrasound Journal and Video Gastrointestinal Endoscopy.

## Curriculum Vitae of Faculty



**Tomonori Yano** Tokyo, Japan

Associate Professor Dr Tomonori Yano graduated in medicine from Jichi Medical University in 1996 where he subsequently worked with THE pioneer of balloon assisted enteroscopy, Dr Yamamoto, who invented the method of double-balloon endoscopy (DBE) in 2000. Dr Yano subsequently created the world famous cartoon on DBE, which has been viewed by most of doctors learning DBE. In 2011, he was awarded Ph.D. for "Endoscopic classification and long-term outcome of small intestinal vascular lesions". His recent innovative work is "Gel immersion endoscopy: A novel method to secure the visual field during endoscopy in bleeding patients" which was published in 2016. He is especially interested in endoscopic diagnosis and treatment for obscure GI bleeding, Peutz-Jeghers syndrome, and Crohn's disease, etc. His team currently performs more than 400 DBE procedures per year and he has a vast experience in diagnostic and therapeutic DBE including ERCP for patient with altered gastrointestinal anatomy.



**Ping-Hong Zhou** Shanghai, China

Professor Dr Ping-Hong Zhou is currently a specialist in therapeutic endoscopy and a general surgeon at Zhongshan Hospital, Fudan University, Shanghai, China. Dr Zhou graduated from Shanghai Medical University in 1992, and obtained his doctorate degree (Doctor of Surgery) from Fudan University in 2003. Having completed his surgical training in the Department of General Surgery of Zhongshan Hospital from 1992 to 1998, he started his training in digestive endoscopy as a senior resident in 1999 and received comprehensive training in various areas of advanced endoscopy (EUS, ERCP, ESD and endoscopic resection). His main researches focus on endoscopic diagnosis and the treatment of gastrointestinal tumor. He is one of the pioneers of ESD for the treatment of early gastrointestinal cancer in China and has performed more than 5000 cases of ESD. In recent times, he is very much involved in 3<sup>rd</sup> space endoscopy such as peroral endoscopic myotomy (POEM) for esophageal achalasia, submucosal tunneling endoscopic resection (STER) and endoscopic full-thickness resection (EFR) for submucosal tumors from muscularis propria without laparoscopic assistance. Owing to his outstanding achievement in the field of minimally invasive surgery, he has been invited to attend more than 200 international endoscopy conferences as a faculty. He has widely published over 60 papers in international peer-reviewed journals such as Gastroenterology, Ann Surg, Clin Gastroenterol Hepatol, Gastrointest Endosc, and Endoscopy. Also, he has chaired 1<sup>st</sup> to 11<sup>th</sup> Sino-Japan Summit Forum on ESD and more than 40 ESD training courses in China.



## Curriculum Vitae of Faculty



**Mary Bong** Sydney, Australia

Ms Mary Bong is the Nurse Unit Manager of the Endoscopy Unit, Westmead Hospital in Sydney, Australia. Mary qualified in Malaysia before migrating to Australia in 2005 with her family, first working as an endoscopy nurse before taking the role of the NUM of the Unit four years later. Management is in her blood as she does not seem to be able to avoid this role. She is a credentialed gastroenterology nurse and attained her post-graduate diploma in management in 2016. She is passionate about her role, managing and leading the daily operations of the nursing staff to achieve quality performances and continuous, efficient functioning through exceptional nursing expertise and care. Westmead Endoscopy is highly regarded as a centre of excellence for interventional endoscopy receiving referrals from local and national centres in Australia. Mary has participated in various workshops and conferences over the years. She has been on the organising committee for the annual SIES (Sydney International Endoscopy Symposium) being held at the International Convention Centre Sydney with live cases being performed and relayed from Westmead Endoscopy Unit to the Convention Centre. The 12<sup>th</sup> SIES was recently held on the 13<sup>th</sup> to 15<sup>th</sup> March 2019.



**Nenny Suzanah** Singapore

Nenny Suzanah has worked in the healthcare industry for more than 26 years. She has 12 years experience in Nursing, and was posted in various disciplines in Singapore General Hospital (SGH). The next 14 years of her career were spent in an administrative capacity. Her portfolio includes research management, programme management and infrastructure development of facilities and centres in SGH. She has a bachelor's degree from La Trobe University, Melbourne and graduated with a MBA from the University of Manchester, UK. She is the project manager of the new high-volume SGH Ambulatory Endoscopy Centre & Gastrointestinal Functional Unit and oversees the management and operations of the centres upon completion.

## University of Malaya and Malaysian Society of Gastroenterology and Hepatology Distinguished Lecturer 2019

### Professor Dr Mitsuhiro Kida

(Kitasato University Hospital, Sagami-hara, Kanagawa, Japan)

Citation by **Associate Professor Dr Alex Leow Hwong Ruey**

(Associate Professor and Consultant Gastroenterologist, University of Malaya)



Professor Dr Mitsuhiro Kida is the Professor of Gastroenterology of Kitasato University, Executive Consultant of Endoscopy Center of Kitasato University Hospital and Director of Department of Gastroenterology at Kitasato Medical Center, Tokyo, Japan.

Professor Kida graduated from the Kitasato University in 1981. He obtained his Doctor degree in 1989 with the thesis title of "Endoscopic Ultrasonography in the Diagnosis of the Depth of Gastric Cancerous Invasion; Differential Diagnosis between Cancerous Invasion and Fibrosis of the Co-existing Ulcer". In the same year, he was promoted to Assistant Professor at Kitasato University. He subsequently visited the Endoscopic Surgery Unit of Hamburg University and worked with Professor Dr N Soehendra in 1993. He was invited by Professor Dr Classen to the Technical University of Munich as August Guest Lecturer in 1999. In 2003, he was honoured with the title of Emeritus Professor by Shanghai Changhai Hospital, Second Military Medical University, Shanghai, China.

His spectrum of clinical and research interest includes endoscopic ultrasound on gastric cancer, subepithelial lesions, bilio-pancreatic disease and therapeutic gastrointestinal endoscopy. His research has been at the forefront of his field and his work has been published in top journals. Professor Kida was the Director of Endoscopy Center of Kitasato University Hospital from 2013 till 2016. He is currently a member of many local and international societies which includes Japan Gastroenterology Endoscopy Society, Japan Gastroenterology Society, Japan Pancreas Society, Japan Biliary Society, Japan Ultrasonics Society, American Society of Gastrointestinal Endoscopy, Society of Gastrointestinal Endoscopy and Asian EUS group. He successfully organised the 3<sup>rd</sup> Asian EUS Congress in Toyko earlier this month involving the top endosonographers from all over the world.

He was a faculty member for our Endoscopy Workshop in 2014 and has trained many gastroenterologists in the field of EUS including Professor Ida Hilmi and myself. It is my great pleasure to invite Professor Dr Mitsuhiro Kida to deliver this year's Distinguished Lecture.

## Honouring GIAs in GI Endoscopy

Nurses and Medical Assistants play a key role in gastrointestinal endoscopy. Their task is not confined to assisting during endoscopic procedures but they are instrumental in helping set up and organise endoscopy units in the country. On the initiative of Ms Jernih M Lim, President of the Chapter of Gastrointestinal Endoscopy Nurses, Assistant Medical Officer & Associates, the MSGH is proud to honour 4 nurses/medical assistants who have played such an important role in Malaysia over the years.

### GIA Excellent Service Award

#### Mary Bong

*Citation by **Sister Malaiyarsi Sellamuthu***



Mary was appointed as the Sister in charge/Nurse Manager in Endoscopy in October 1998 at the University Malaya Medical Centre with the formalisation of the unit in the hospital. She worked for many years as an Intensive Care Unit nurse and subsequently studied for and obtained a Bachelor of Nursing degree from the University of Malaya in 1995. Mary brought with her a wealth of experience as a “hands-on” nurse as well as an astute nursing sister and administrator. Together with the leadership of Emeritus Professor Dato’ Dr Goh Khean Lee as Head of Unit, and the assistance of senior nurses like Mrs Miriam See, she helped forged the unit into one of the most formidable and efficiently run Endoscopy Centres in the country catering for a large patient population as well as offering a whole range of therapeutic endoscopy services. I had the privilege to work in the Endoscopy unit from 2004 to 2005 (and as Sister in charge from 2014 to 2016) and was fortunate to have worked under her for a time.

When the group of GI assistants met to form a society in 2001 under the umbrella of the MSGH, Mary Bong was elected as the first president, a position she held with distinction and leadership from 2001 to 2004.

Regrettably Mary made the big decision to migrate to Australia and left the UMMC in June 2005 to work at the Westmead Hospital, University of Sydney, Sydney Australia. Our loss was a huge gain for Australia. Her leadership qualities, diligence and efficiency were duly recognised and by 2009, she was made the Nurse Unit Manager of the Endoscopy Unit at Westmead, a position she holds till presently. The Westmead Endoscopy Unit is one of the largest and most well-known endoscopy units in Australia under the headship of Professor Dr Michael Bourke.

## GIA Excellent Service Award

### Miriam Loo Poh Khuang

Citation by **Sister Malaiyarsi Sellamah**



Miriam Loo Poh Khuang or Mrs See, as she is fondly known, is the pioneer in GI Endoscopy nursing in Malaysia. She took to endoscopy nursing avidly as is her nature in whatever she does. With her zeal, persistence and high energy, she organised the UMMC endoscopy unit particularly with the fledgling therapeutic services, from the late 1980s as the nurse in charge of the unit. Under the leadership of Emeritus Professor Dato' Dr Goh Khean Lee, she contributed greatly to the establishment of one of the best Therapeutic Gastrointestinal Endoscopy units in the country at the University Malaya Medical Centre. She also spent short training stints in both the Academic Medical Centre, University of Amsterdam with Professor Kees Huibregtse and the University Hospital Eppendorf, University of Hamburg, Germany with Professor Nib Soehendra, in 1993 and 1994 respectively.

I had the pleasure of serving in this famous unit for many years but, most memorable of all, was the opportunity of learning under Mrs See's tutelage. In no small measure, the invaluable contributions of Mrs See laid the groundwork for the University Malaya Medical Centre being accorded the World Endoscopy Organization (WEO) Center of Excellence Award from 2008 to 2014 and from 2015 to 2020. In later years, from 2014, until my retirement in 2016, I had the special privilege to become the Sister in charge of this outstanding Unit.

Since her retirement in 2004, Mrs See continued working in GI endoscopy with Cook Medical and in more recent years with Medic Pro Healthcare (Malaysia) Sdn Bhd.

## GIA Excellent Service Award

### Philip Gisan

*Citation by **Matron Liew Siaw Hun***



Mr Philip Gisan completed Basic Nursing/Medical Assistant training in 1980 at the School of Nursing, Kota Kinabalu, Sabah. He then worked in the Accident and Emergency Unit in the same hospital and various hospitals/units till 1997. He obtained a Certificate in General Anesthesia and Certificate in Health Management in 1988 from Nursing College Ulu Kinta, Perak and a Bachelor of Health Science Pre-Hospital Care in 2004 from Charles Sturt University, Australia.

In 1998, he was appointed as the Medical Assistant in charge of Endoscopy Unit at Queen Elizabeth Hospital, Kota Kinabalu, Sabah, which was headed by Datuk Dr Jayaram Menon. In the same year, he was assigned to prepare working papers to introduce GI Nursing as part of the training pathway and for endoscopy nursing to be officially recognised in Malaysia. In 2001, Mr Philip and a few senior endoscopy nurses met up to discuss the vision and objectives for the GI Nurses and the way forward.

Working closely with Dato' Dr Jayaram Menon, Philip was instrumental in creating the National Post Basic Gastrointestinal Endoscopy Nursing Program and the GI Endoscopy Nursing in Kota Kinabalu, Sabah in 2007.

In 2007, a few GI nurses were awarded 'Hadiah Latihan Luar Negara' to pursue training overseas. Mr Philip and a few others were posted to the Royal Prince Alfred Hospital, Sydney, Australia in 2008 for two months training. In 2013, Mr Gisan had the privilege to attend training of Advance in Management of Endoscopy at Sir Charles Gairdner Hospital, Perth, Australia.

After many years of hard work, the first batch of GI Endoscopy nurses started the programme on 1<sup>st</sup> January 2009. Till today we have produced more than 600 students throughout the country, both in the government and private sectors. Mr Philip has contributed greatly to the Gastro Nursing Committee headed by Datuk Dr Jayaram. He assisted in the preparation of the SOP in GI Nursing and was promoted as Assistant Medical Officer.

In 2010, he was elected as the President of the Malaysian GIA Society, a post he held until 2016. In 2014; he was elected as the first President of GIA South East Asia Society.

## GIA Excellent Service Award

### Rohani Ismail

*Citation by **Matron Liew Siaw Hun***



Datin Rohani Ismail was a pioneer in GI Endoscopy Nursing in Malaysia when she started her endoscopy nursing journey in 1988. She graduated as a SRN in 1977 and was posted to General Operation Theatre in General Hospital, Kuala Lumpur (now known as Hospital Kuala Lumpur). In 1988, she joined the Combined Endoscopy Service in HKL which was headed by Dato' Dr JC Mehta (Surgeon) and Dato' Dr Mrs S T Kew (Physician). Datin Rohani was appointed as a SRN in charge of the endoscopy service and the procedures were done in a room in the physician's clinic. In the same year, she was awarded "Bentara Setia Di-Raja" from Seri Paduka Baginda Yang Di Pertuan Agong Tuanku Jaafar. In 1995, she and the endoscopy nurses assisted in setting up a new Endoscopy Suite which consisted of three procedural areas. She was promoted as a Nurse Manager in 1996.

She was then transferred to Selayang Hospital in 1999 as a Nurse Manager in charge of the Day Care Centre. With her wealth of experience in endoscopy, she successfully helped set up the endoscopy services in the new Selayang Hospital which has become well known as a training Endoscopy center with international reputation.

She was appointed as Treasurer in 2001 for the newly formed Endoscopy Nursing Committee in Malaysia, as Assistant Secretary in 2003 and then as the chairperson in 2005.

She is always an energetic person, knowledgeable and fully committed to her work. She had trained many endoscopy nurses and many of them had achieved excellence performance in endoscopy nursing. She retired in December 2006.

## Moderators / Coordinators

### LOCAL MODERATORS/COORDINATORS

**Dr Chan Weng Kai**

Consultant Gastroenterologist  
 KPJ Puteri Specialist Hospital  
 Johor Bharu, Johor

**Datuk Dr Chua Tee Joo**

Consultant Gastroenterologist  
 Sunway Medical Centre  
 Petaling Jaya, Selangor

**Emeritus Professor Dato' Dr Goh Khean Lee**

Emeritus Professor and Senior Consultant  
 Gastroenterologist  
 CENGILD Medical Centre  
 Kuala Lumpur

**Associate Professor Dr Ho Shiaw Hooi**

Associate Professor and Consultant  
 Gastroenterologist  
 University Malaya Medical Centre  
 Kuala Lumpur

**Professor Dr Ida Normiha Hilmi**

Professor and Senior Consultant Gastroenterologist  
 University Malaya Medical Centre  
 Kuala Lumpur

**Datuk Dr Jayaram Menon**

Consultant Gastroenterologist & Hepatologist  
 Pantai Hospital Ayer Keroh  
 Melaka

**Associate Professor Dr Lau Peng Choong**

Associate Professor and Consultant  
 General and Upper GI Surgeon  
 University Malaya Medical Centre  
 Kuala Lumpur

**Associate Professor Dr Alex Leow Hwong Ruey**

Associate Professor and Consultant  
 GI Endoscopy, Gastroenterologist and Hepatologist  
 University Malaya Medical Centre  
 Kuala Lumpur

**Dr Nazri Mustaffa**

Consultant Gastroenterologist  
 Hospital Universiti Sains Malaysia  
 Kubang Kerian, Kelantan

**Dr Rajesh Kumar Paramasivam**

Consultant Gastroenterologist  
 Thomson Hospital Kota Damansara  
 Petaling Jaya, Selangor

**Dr Hjh Rosaida Hj Md Said**

Consultant Gastroenterologist  
 Hospital Ampang  
 Selangor

**Professor Dr Sanjiv Mahadeva**

Professor and Senior Consultant Gastroenterologist  
 and Hepatologist  
 University Malaya Medical Centre  
 Kuala Lumpur

**Dr Tan Eng Soon**

Consultant Gastroenterologist  
 Hospital Kuala Lumpur  
 Kuala Lumpur

**Dato' Dr Tan Huck Joo**

Consultant Gastroenterologist  
 CENGILD Medical Centre  
 Kuala Lumpur

**Dr Tan Soek Siam**

Senior Consultant Hepatologist  
 Hospital Selayang  
 Selangor

**Dr Tee Hoi Poh**

Consultant Gastroenterologist  
 KPJ Pahang Specialist Hospital  
 Pahang

**Dr Wong Zhiqin**

Consultant Gastroenterologist  
 Hospital Canselor Tuanku Muhriz  
 Universiti Kebangsaan Malaysia  
 Kuala Lumpur

## Programme

Date	26 <sup>th</sup> April 2019 (Friday)			27 <sup>th</sup> April 2019 (Saturday)	28 <sup>th</sup> April 2019 (Sunday)
Time					
0800 - 0830	Registration			Registration	
0830 - 0900	<b>GIA Course</b> <i>Guest Faculty:</i> Mary Bong Nenny Suzanah	<b>Advanced Hands-on AEG EUS Workshop</b>  <i>Guest Faculty:</i> Mitsuhiro Kida Tiing-Leong Ang	<b>Basic Therapeutic Endoscopy Hands-on Workshop</b>  <i>Guest Faculty:</i> Hisatomo Ikehara Helmut Neumann Payal Saxena	<b>Opening Ceremony</b> <i>Guest of Honor:</i> <b>Dean, Faculty of Medicine, University of Malaya</b>	<b>Lectures</b> 0800 - 0830 EUS Tissue Acquisition - Is it Time to Bid adieu to FNA? <b>Tiing-Leong Ang</b> 0830 - 0900 Current Status of Third Space Endoscopy <b>Ping-Hong Zhou</b> 0900 - 0930 Application of Image Enhanced Endoscopy for the 'Non Expert' Gastroenterologist in the Detection of Advanced Colorectal Neoplasms <b>Helmut Neumann</b>
0900 - 1030				0900 - 0940 <b>MSGH Special Lecture &amp; University of Malaya Distinguished Lecture:</b> The Role of EUS in the Screening and Treatment of Pancreatic Cancer <b>Mitsuhiro Kida</b>	
1030 - 1100	TEA				
1100 - 1230	<b>GIA Course</b>	<b>EUS Workshop</b>	<b>Basic Therapeutic Endoscopy Workshop</b>	1000 - 1230 <b>LIVE DEMONSTRATIONS</b>	1000 - 1230 <b>LIVE DEMONSTRATIONS</b>
1230 - 1400	LUNCH / VISIT TRADE EXHIBITS			LUNCH / VISIT TRADE EXHIBITS	Closing Remarks
1400 - 1700	<b>GIA Course (continued)</b>		<b>Young Consultants and GI Fellows Forum</b>  <i>Guest Faculty:</i> Helmut Neumann Payal Saxena Tomonori Yano	1350 - 1450 'Malaysia Boleh' Best Endoscopic Video Competition	
				1450 - 1510 Endoscopic Diagnosis and Management of Small Bowel Lesions <b>Tomonori Yano</b> 1510 - 1530 Poetry in Motion: The E to G of POEM <b>Payal Saxena</b>	
1700 - 1800	TEA			1530 - 1730 <b>LIVE DEMONSTRATIONS</b>	
1900 - 2200	Faculty Dinner <i>(by invitation only)</i> <b>GIA "Get Together" Dinner</b>			1800 - 2200 <b>Workshop Dinner</b> Endoscopy in Evolution <b>Goh Khean Lee</b> <b>Mitsuhiro Kida</b> Supported by <b>Takeda</b>	



## Special Hands-on Workshops 26<sup>th</sup> April 2019 (Friday)

### Advanced Hands-on AEG EUS Workshop - Peri-Pancreatic Fluid Collection and Biliary Drainage

Venue: Endoscopy Unit, 6<sup>th</sup> Floor, Menara Selatan, University Malaya Medical Centre

Workshop Directors: Ida Normiha Hilmi / Alex Leow Hwong Ruey

Workshop Co-Directors: Rajesh Kumar Paramasivam / Suresh Sithambaram

Course Faculty: Mitsuhiro Kida / Tiing-Leong Ang

- 0815 - 0830    Opening Remarks and Pre-Workshop Quiz  
*Alex Leow Hwong Ruey*
- 0830 - 0845    A Step by Step Guide to EUS Guided PFC Drainage  
*Tiing-Leong Ang*
- 0845 - 0900    Complications of PFC Drainage - How to Avoid and How to Manage  
*Mitsuhiro Kida*
- 0900 - 1030    Hands-on: EUS Guided PFC Drainage
- 1030 - 1050    TEA
- 1050 - 1105    A Step by Step Guide to EUS Guided Biliary Drainage  
*Mitsuhiro Kida*
- 1105 - 1120    Complications of EUS Guided Biliary Drainage - How to Avoid and How to Manage  
*Tiing-Leong Ang*
- 1120 - 1250    Hands-on: EUS Guided Biliary Drainage
- 1250 - 1300    Closing Remarks and Post Workshop Quiz  
*Rajesh Kumar Paramasivam*

## Special Hands-on Workshops 26<sup>th</sup> April 2019 (Friday)

### Basic Therapeutic Endoscopy Hands-on Workshop

**Venue:** Endoscopy Unit, 6<sup>th</sup> Floor, Menara Selatan, University Malaya Medical Centre

**Course Directors:** Sanjiv Mahadeva / Ho Shiaw Hooi

**International Guest Faculties:** Hisatomo Ikehara / Helmut Neumann / Payal Saxena

0830 - 0900	Registration	
0900 - 0910	Welcome Speech <i>Ho Shiaw Hooi</i>	
0910 - 0930	Master the Non-Looping Colonoscopy Insertion Technique <i>Hisatomo Ikehara</i>	
0930 - 0950	Tips and Tricks in Performing Successful Biliary Cannulation and Safe Sphincterotomy <i>Payal Saxena</i>	
0950 - 1000	How to Organise an Effective ERCP Hands-on Workshop? <i>Yasuhisa Abe</i>	
1000 - 1015	Tea	
1015 - 1245	<b>Colonoscopy Station</b>	Room 1
1015 - 1130	Group 1	
1130 - 1245	Group 2 <i>Hisatomo Ikehara / Helmut Neumann / Ho Shiaw Hooi</i>	
1015 - 1245	<b>ERCP Station</b>	Room 2
1015 - 1130	Group 1	
1130 - 1245	Group 2 <i>Payal Saxena / Sanjiv Mahadeva</i>	
1245 - 1250	Closing Remarks <i>Sanjiv Mahadeva</i>	
1250	Lunch	

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## MSGNMA Course 2019 26<sup>th</sup> April 2019 (Friday)

### PROGRAMME

- 0730 - 0820 Registration  
**MSGH**  
**Staff of Endoscopy Unit, UMMC**
- 0820 - 0830 Bacaan Doa Selamat: *Mohd Zulkifli Mohd Zain*
- 0830 - 0850 Opening Remarks by  
Unit Manager of Endoscopy UMMC *Suzilawati Tulot*  
MSGNMA Society President *Jernih M Lim*  
Advisor MSGNMA *Raman Muthukaruppan*  
President of MSGH *Tan Soek Siam*
- 0850 - 0900 Introduction by Course Coordinators  
*Chuah Kee Huat / Thevaraajan Jayaraman*
- 0900 - 0910 Pre-Workshop Quiz  
*Chuah Kee Huat / Thevaraajan Jayaraman*
- 0910 - 0940 Diversity, Challenges and What's New in the Practice of Gastroenterology / Endoscopy  
*Nenny Suzanah*
- 0940 - 1010 Pursuing Greatness through Quality Improvement in Endoscopy: Would You be Scoped in Your Own Unit? *Nenny Suzanah*
- 1010 - 1020 Group Photo Session
- 1020 - 1040 Tea
- 1040 - 1110 Evolution in Endoscopic Management of GI Bleeding *Rafiz Abdul Rani*
- 1110 - 1140 Role and Responsibilities of GIAs in Endoscopic Emergencies *Mary Bong*
- 1140 - 1210 Patient's Safety vs Comfort in GIA Perspective - Sedation & Analgesia in Endoscopy  
*Mary Bong*
- 1210 - 1240 Essential Steps Prior to Endoscopy: Resuscitation and Stabilization of Patients *Loh Pui San*
- 1240 - 1300 Q & A *Chuah Kee Huat / Thevaraajan Jayaraman*
- 1300 - 1415 Lunch / Booth Visiting
- 1415 - 1445 Journey to Improving Infection Prevention in Endoscopy and Gastroenterology  
*Benoit Biousse*
- 1445 - 1545 Company Showcase  
*Olympus / Fujifilm / Pentax / Boston Scientific / Cook Medical / MIT Endosurgery / MedicPro / Medi-life*
- 1545 - 1615 Evolution and Future of Gastroenterology Nurses/ GIA in Malaysia *Nazri Mustaffa*
- 1615 - 1645 Post Workshop Quiz *Chuah Kee Huat / Thevaraajan Jayaraman*
- 1645 - 1700 Closing Remarks and Prize Giving Ceremony  
*Chuah Kee Huat / Thevaraajan Jayaraman / Jernih M Lim*
- 1900 Dinner

## Young Consultants and GI Fellows Workshop 26<sup>th</sup> April 2019 (Friday)

### The Role of Endoscopy in Inflammatory Bowel Diseases

Venue: Conference Room, 6<sup>th</sup> Floor, Menara Selatan, University Malaya Medical Centre

Course Directors: Ida Normiha Hilmi / Nazri Mustaffa

Course Co-Director: Nik Razima Wan Ibrahim

Guest Faculties: Helmut Neumann / Payal Saxena / Tomonori Yano

- |             |   |
|-------------|---|
| 1400 - 1410 | Introduction<br><i>Nazri Mustaffa</i>   |
| 1410 - 1430 | The Role of Balloon Assisted Enteroscopy in the Diagnosis and Management of IBD<br><i>Tomonori Yano</i> |
| 1430 - 1500 | Interactive Case Discussion (Diagnostic Dilemma)<br><i>Khairul Najmi Muhammad Nawawi</i>                |
| 1500 - 1520 | Image Enhanced Endoscopy for IBD Associated Dysplasia Surveillance<br><i>Helmut Neumann</i>             |
| 1520 - 1540 | Tea   |
| 1540 - 1610 | Interactive Case Discussion (IBD Associated Dysplasia)<br><i>Nik Razima Wan Ibrahim</i>                 |
| 1610 - 1630 | Endoscopic Management of Strictures - How I Do It<br><i>Payal Saxena</i>                                |
| 1630 - 1700 | Case Discussion (Endoscopic Management of IBD Stricture)<br><i>Wong Mung Seong</i>                      |
| 1700 - 1715 | Closing Remarks   |

## Daily Programme 27<sup>th</sup> April 2019 (Saturday)

- 0800 - 0830 Registration
- 0830 - 0900 Opening Ceremony  
*Guest of Honour: Dean, Faculty of Medicine, University of Malaya*
- 0900 - 0940 **MSGH Special Lecture & University of Malaya Distinguished Lecture**  
The Role of EUS in the Screening and Treatment of Pancreatic Cancer  
*Mitsuhiro Kida*  
*Citation: Alex Leow Hwong Ruey*
- 0940 - 1000 TEA / VISIT TRADE EXHIBITS
- 1000 - 1230 **LIVE DEMONSTRATIONS**  
*Live Course Coordinators: Ruveena Bhavani Rajaram / Khoo Stanley*  
*Moderators: Goh Khean Lee / Hjh Rosaida Hj Md Said / Tan Eng Soon /*  
*Chan Weng Kai / Ho Shiao Hooi*
- 1230 - 1350 LUNCH / VISIT TRADE EXHIBITS
- 1350 - 1530 **LECTURES**
- 1350 - 1450 'Malaysia Boleh' Best Endoscopic Video Competition  
*Judges: Mitsuhiro Kida / Ping-Hong Zhou / Raman Muthukaruppan*  
*Moderators: Sanjiv Mahadeva / Rajesh Kumar Paramasivam*
- 1450 - 1510 Endoscopic Diagnosis and Management of Small Bowel Lesions  
*Tomonori Yano*
- 1510 - 1530 Poetry in Motion: The E to G of POEM  
*Payal Saxena*
- 1530 - 1730 **LIVE DEMONSTRATIONS**  
*Live Course Coordinators: Ruveena Bhavani Rajaram / Khoo Stanley*  
*Moderators: Goh Khean Lee / Nazri Mustaffa / Tan Huck Joo / Tan Soek Siam /*  
*Sanjiv Mahadeva / Wong Zhiqin*
- 1800 - 2200 **WORKSHOP DINNER**

## Endoscopy Workshop Dinner 27<sup>th</sup> April 2019 (Saturday)

Ballroom A, Level 2, Aloft Hotel, Sentral Station, Kuala Lumpur

### Takeda Dinner Symposium

- 1800 - 1830 Registration
- 1830 - 1840 Opening Remarks by Chairman  
*Goh Khean Lee*
- 1840 - 1900 The Role of Acid Suppression in the Eradication of Helicobacter pylori Infection  
*Goh Khean Lee*
- 1900 - 1930 Evolution of Acid Suppressants Therapy - Is there a Need for Stronger Acid Suppression?  
*Chua Tju Siang*
- 1930 - 1945 Questions and Answers

### Endoscopy 2019 Workshop Dinner

- 2000 - 2005 Welcome Speech by President, Malaysian Society of Gastroenterology & Hepatology  
*Tan Soek Siam*
- 2005 - 2010 Speech by Course Director, Endoscopy 2019  
*Ida Normiha Hilmi*
- 2010 - 2020 Dinner Commences
- 2020 - 2100 Presentation of Mementos to Invited Faculty and Sponsors  
Presentation of Gastroenterology Nursing Excellent Service Awards
- 2100 - 2130 **Endoscopy in Evolution**  
The Evolution of Endoscopy: Perspective from a Malaysian Sifu  
*Goh Khean Lee*  
  
The Evolution of Endoscopy: Perspective from a Japanese Sensei  
*Mitsuhiro Kida*
- 2130 - 2200 Dinner Resumes / End

## Daily Programme 28<sup>th</sup> April 2019 (Sunday)

- 0830 - 0930    **LECTURES**  
*Moderators: Sanjiv Mahadeva / Tee Hoi Poh / Wong Zhiqin*
- 0830 - 0850    EUS Tissue Acquisition - Is it Time to Bid *adieu* to FNA?  
*Tiing-Leong Ang*
- 0850 - 0910    Current Status of Third Space Endoscopy  
*Ping-Hong Zhou*
- 0910 - 0930    Application of Image Enhanced Endoscopy for the 'Non Expert'  
Gastroenterologist in the Detection of Advanced Colorectal Neoplasms  
*Helmut Neumann*
- 0930 - 1000    TEA / VISIT TRADE EXHIBITS
- 1000 - 1230    **LIVE DEMONSTRATIONS**  
*Live Course Coordinators: Ruveena Bhavani Rajaram / Khoo Stanley*  
*Moderators: Goh Khean Lee / Jayaram Menon / Lau Peng Choong /*  
*Ida Normiha Hilmi / Chua Tee Joo*
- 1230 - 1300    Closing Remarks

## Endoscopy Workshops and Courses

organised by the Malaysian Society of Gastroenterology and Hepatology  
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EVENT	FACULTY	DATE
Difficult ERCP - "The Master's Approach"	<i>Kees Huibregtse (Amsterdam, Netherlands)</i>	19 <sup>th</sup> August 1993
Endoscopic Ultrasonography	<i>T L Tio (Washington, USA)</i>	26 <sup>th</sup> July 1994
ERCP - "Basic Skills, Finer Points and New Techniques"	<i>Kees Huibregtse (Amsterdam, Netherlands)</i>	25 <sup>th</sup> August 1994
Practical Points in Therapeutic Endoscopy	<i>Nib Soehendra (Hamburg, Germany)</i>	6 <sup>th</sup> December 1994
Therapeutic Endoscopy Workshop (In collaboration with Island Hospital, Penang)	<i>Nib Soehendra (Hamburg, Germany)</i> <i>Kees Huibregtse (Amsterdam, Netherlands)</i>	22 <sup>nd</sup> July 1997
Lasers in Gastroenterology	<i>R Leicester (London, UK)</i>	13 <sup>th</sup> August 1997
GI Endoscopy Nurses Workshop - "Setting the Standards for Practice"	<i>Staff Members - Endoscopy Unit, University Hospital, Kuala Lumpur</i>	30 <sup>th</sup> April - 2 <sup>nd</sup> May 1999
<b>Endoscopy 2000</b>	<i>Sydney C S Chung (Hong Kong, China)</i> <i>Kenji Yasuda (Kyoto, Japan)</i> <i>Wang Yong Guang (Beijing, China)</i> <i>Nageshwar Reddy (Hyderabad, India)</i> <b>GIA Faculty:</b> <i>Dorothy Wong (Hong Kong, China)</i>	13 <sup>th</sup> - 15 <sup>th</sup> April 2000
<b>Endoscopy 2001</b> "A Master Class in Therapeutic Endoscopy"	<i>Nib Soehendra (Hamburg, Germany)</i> <b>GIA Faculty:</b> <i>Adriana Cargin (Melbourne, Australia)</i>	14 <sup>th</sup> - 15 <sup>th</sup> April 2001
<b>Endoscopy 2002</b> "Enhancing Basic Skills and Developing Expertise"	<i>Christopher Williams (London, UK)</i> <i>Naotaka Fujita (Sendai, Japan)</i> <i>Joseph Leung (Sacramento, USA)</i> <i>Kees Huibregtse (Amsterdam, Netherlands)</i> <b>GIA Faculty:</b> <i>Diana Jones (Sydney, Australia)</i>	5 <sup>th</sup> - 7 <sup>th</sup> April 2002
<b>Endoscopy 2003</b> "The Cutting Edge of GI Endoscopy"	<i>Douglas Howell (Portland, USA)</i> <i>Haruhiro Inoue (Tokyo, Japan)</i> <i>Simon K Lo (Los Angeles, USA)</i> <i>Nageshwar Reddy (Hyderabad, India)</i>	28 <sup>th</sup> February - 2 <sup>nd</sup> March 2003
<b>Endoscopy 2004</b> "Appreciating the Art of GI Endoscopy"	<i>Firas Al Kawas (Washington, USA)</i> <i>Yoshihiro Sakai (Tokyo, Japan)</i> <i>Stefan Seewald (Hamburg, Germany)</i> <i>Joseph Sung (Hong Kong, China)</i>	5 <sup>th</sup> - 7 <sup>th</sup> March 2004



## Endoscopy Workshops and Courses

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EVENT	FACULTY	DATE
<b>Endoscopy 2005</b> "Defining the Scope of Excellence"	<i>Guido Costamagna (Rome, Italy)</i> <i>Chan-Sup Shim (Seoul, South Korea)</i> <i>Bjorn Rembacken (Leeds, UK)</i> <i>Kenjiro Yasuda (Kyoto, Japan)</i>	1 <sup>st</sup> - 3 <sup>rd</sup> April 2005
<b>Endoscopy 2006</b> "Frontiers of Therapeutic Endoscopy"	<i>Anthony Thomas Roger Axon (Leeds, UK)</i> <i>James Lau (Hong Kong, China)</i> <i>Seo Dong-Wan (Seoul, Korea)</i> <i>Irving Waxman (Chicago, USA)</i> <i>Naohisa Yahagi (Tokyo, Japan)</i>	14 <sup>th</sup> - 16 <sup>th</sup> April 2006
<b>Endoscopy 2007</b> "The Best Endoscopic Practices"	<i>D Nageshwar Reddy (Hyderabad, India)</i> <i>Reza Shaker (Milwaukee, USA)</i> <i>Yusuke Saitoh (Sapporo, Japan)</i> <i>Stefan Seewald (Hamburg, Germany)</i> <i>Si-Young Song (Seoul, Korea)</i> <b>GIA Faculty:</b> <i>Mary Bong (Sydney, Australia)</i>	13 <sup>th</sup> - 15 <sup>th</sup> April 2007
<b>Endoscopy 2008</b> "Seeing Better, Doing Better"	<i>Jeong-Sik Byeon (Seoul, Korea)</i> <i>Peter Cotton (Charleston, USA)</i> <i>Gregory Ginsberg (Philadelphia, USA)</i> <i>Hiroyuki Isayama (Tokyo, Japan)</i> <i>Shomei Ryozaawa (Yamaguchi, Japan)</i> <i>Syed G Shah (West Yorkshire, UK)</i>	29 <sup>th</sup> February - 2 <sup>nd</sup> March 2008
<b>Endoscopy 2009</b> "Exploring the Limits of Endoscopy"	<i>Yong Chan Lee (Seoul, Korea)</i> <i>Jerome D Wayne (New York, USA)</i> <i>Kulwinder S Dua (Wisconsin, USA)</i> <i>Ichiro Yasuda (Gifu, Japan)</i> <i>Hirofumi Kawamoto (Okayama, Japan)</i> <i>Amit Maydeo (Mumbai, India)</i> <i>Yasushi Sano (Kobe, Japan)</i>	20 <sup>th</sup> - 22 <sup>nd</sup> March 2009
<b>Asian Pacific Digestive Week 2010</b> "Gastroenterology In Asia-Pacific - Excellence In The New Decade" (Incorporating Live Workshops from University Malaya Medical Centre and Selangor Hospital)	<i>Michael Bourke (Sydney, Australia)</i> <i>David Carr-Locke (New York, USA)</i> <i>Yang K Chen (Denver, USA)</i> <i>Mitsuhiro Fujishiro (Tokyo, Japan)</i> <i>Marc Giovannini (Marseilles, France)</i> <i>Takuji Gotoda (Tokyo, Japan)</i> <i>James Lau (Hong Kong, China)</i> <i>Amit Maydeo (Mumbai, India)</i> <i>Ibrahim Mostafa (Cairo, Egypt)</i> <i>Horst Neuhaus (Düsseldorf, Germany)</i> <i>Nageshwar Reddy (Hyderabad, India)</i> <i>Rungsun Reknimitr (Bangkok, Thailand)</i> <i>Dong-Wan Seo (Seoul, Korea)</i> <i>Naohisa Yahagi (Tokyo, Japan)</i> <i>Hironori Yamamoto (Tokyo, Japan)</i> <i>Kenjiro Yasuda (Kyoto, Japan)</i>	19 <sup>th</sup> - 22 <sup>nd</sup> September 2010

## Endoscopy Workshops and Courses

organised by the Malaysian Society of Gastroenterology and Hepatology  
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EVENT	FACULTY	DATE
<b>Endoscopy 2011</b> "What's New and What's Good for Our Patients"	<i>Han-Mo Chiu (Taipei, Taiwan)</i> <i>Arthur Kaffes (Sydney, Australia)</i> <i>Khek-Yu Ho (Singapore)</i> <i>Hiroo Imazu (Tokyo, Japan)</i> <i>Takao Itoi (Tokyo, Japan)</i> <i>Dong-Ki Lee (Seoul, Korea)</i> <i>Takahisa Matsuda (Tokyo, Japan)</i> <i>Jong-Ho Moon (Seoul, Korea)</i> <i>Hisao Tajiri (Tokyo, Japan)</i>	14 <sup>th</sup> - 17 <sup>th</sup> April 2011
<b>Endoscopy 2012</b> "Therapeutic Endoscopy In The Global World"	<i>Robert Hawes (Orlando, USA)</i> <i>Hiroshi Kashida (Osaka, Japan)</i> <i>Sang Hyub Lee (Seoul, Korea)</i> <i>Claudio Navarette-Garcia (Santiago, Chile)</i> <i>Paulo Sakai (Sao Paulo, Brazil)</i> <i>Rajvinder Singh (Adelaide, Australia)</i> <i>Hsiu-Po Wang (Taipei, Taiwan)</i> <i>Kenshi Yao (Fukuoka, Japan)</i>	30 <sup>th</sup> March - 1 <sup>st</sup> April 2012
<b>Endoscopy 2013</b> "Advancing the Practice of Endoscopy"	<i>Phillip Chiu (Hong Kong, China)</i> <i>Lawrence Khek-Yu Ho (Singapore)</i> <i>Horst Neuhaus (Dusseldorf, Germany)</i> <i>Krish Ragunath (Nottingham, UK)</i> <i>Dong-Wan Seo (Seoul, Korea)</i> <i>Yun-Sheng Yang (Beijing, China)</i> <i>Ian Yusoff (Perth, Australia)</i>	12 <sup>th</sup> - 14 <sup>th</sup> April 2013
<b>Endoscopy 2014</b> "The Best Tips in Therapeutic Endoscopy"	<i>Michael Bourke (Sydney, Australia)</i> <i>Gregory Ginsberg (Philadelphia, USA)</i> <i>Mitsuhiro Kida (Tokyo, Japan)</i> <i>James Lau (Hong Kong, China)</i> <i>Yutaka Saito (Tokyo, Japan)</i> <b>GIA Faculty:</b> <i>Mary Bong (Sydney, Australia)</i>	28 <sup>th</sup> - 30 <sup>th</sup> March 2014
<b>Endoscopy 2015</b> "Maintaining Quality in Endoscopy Practice"	<i>Amit Maydeo (Mumbai, India)</i> <i>Christopher Khor (Singapore)</i> <i>Hiroyuki Maguchi (Sapporo, Japan)</i> <i>Jong-Ho Moon (Bucheon, Korea)</i> <i>Roy Soetikno (Singapore)</i> <i>Sundeep Lakhtakia (Hyderabad, India)</i> <i>Kenneth Wang (Rochester, USA)</i>	17 <sup>th</sup> - 19 <sup>th</sup> April 2015
<b>Endoscopy 2016</b> "Expanding the Horizons of Therapeutic Endoscopy"	<i>Hyun-Jong Choi (Bucheon, Korea)</i> <i>Jacques Deviere (Brussels, Belgium)</i> <i>Manoel Galvao Netto (Sao Paulo, Brazil)</i> <i>Nageshwar Reddy (Hyderabad, India)</i> <i>Rungsun Reknitmitr (Bangkok, Thailand)</i> <i>Brian Saunders (London, UK)</i> <i>Shyam Vadarajulu (Orlando, USA)</i>	8 <sup>th</sup> - 10 <sup>th</sup> April 2016

## Endoscopy Workshops and Courses

organised by the Malaysian Society of Gastroenterology and Hepatology  
at the University of Malaya

EVENT	FACULTY	DATE
<b>Endoscopy 2017</b> "Re-Defining Therapeutic Endoscopy"	<i>Seiichiro Abe (Tokyo, Japan)</i> <i>Vinay Dhir (Mumbai, India)</i> <i>Haruhiro Inoue (Tokyo, Japan)</i> <i>Hiroyuki Isayama (Tokyo, Japan)</i> <i>Martin Keuchel (Hamburg, Germany)</i>	7 <sup>th</sup> - 9 <sup>th</sup> April 2017
<b>Endoscopy 2018</b> "Therapeutic Endoscopy: Building on Basics"	<i>Hwoon Yong Jung (Seoul, Korea)</i> <i>Arthur Kaffes (Sydney, Australia)</i> <i>Kazuo Ohtsuka (Tokyo, Japan)</i> <i>Nonthalee Pausawasdi (Bangkok, Thailand)</i> <i>Thierry Ponchon (Lyon, France)</i> <i>Noriya Uedo (Osaka, Japan)</i> <i>Reuben Wong (Singapore)</i>	6 <sup>th</sup> - 8 <sup>th</sup> April 2018
<b>Endoscopy 2019</b> "Endoscopy in Evolution"	<i>Tiing-Leong Ang (Singapore)</i> <i>Hisatomo Ikehara (Tokyo, Japan)</i> <i>Mitsuhiro Kida (Tokyo, Japan)</i> <i>Helmut Neumann (Nuremberg, Germany)</i> <i>Payal Saxena (Sydney, Australia)</i> <i>Tomonori Yano (Tokyo, Japan)</i> <i>Ping-Hong Zhou (Shanghai, China)</i> <i>Mary Bong (Sydney, Australia)</i> <i>Nenny Suzanah (Singapore)</i>	26 <sup>th</sup> - 28 <sup>th</sup> April 2019

## Malaysian Society Gastroenterology and Hepatology / University of Malaya Endoscopy Distinguished Lectures

NO	YEAR	TOPIC	LECTURER
1 <sup>st</sup>	1999	Biliary Stents - The Past and The Future	<b>Kees Huibregtse</b> Amsterdam, Netherlands
2 <sup>nd</sup>	2001	The Future of Therapeutic Endoscopy	<b>Nib Soehendra</b> Hamburg, Germany
3 <sup>rd</sup>	2002	The Art of Colonoscopy	<b>Christopher Williams</b> London, UK
4 <sup>th</sup>	2003	Advances in Endoscopic Imaging	<b>Guido NJ Tytgat</b> Amsterdam, Netherlands
5 <sup>th</sup>	2004	Development and Application of Colonoscopy"	<b>Yoshihiro Sakai</b> Tokyo, Japan
6 <sup>th</sup>	2005	Endoscopic Management of Pancreatobiliary Diseases - State-of-the-Art in 2005	<b>Guido Costamagna</b> Rome, Italy
7 <sup>th</sup>	2006	The Impact of New Technology in GI Endoscopy	<b>Anthony TR Axon</b> Leeds, UK
8 <sup>th</sup>	2007	Chronic Pancreatitis - "Genes to Bed Side"	<b>D Nageshwar Reddy</b> Hyderabad, India
9 <sup>th</sup>	2008	Therapeutic Endoscopy - Then, Now and Maybe"	<b>Peter B Cotton</b> Charleston, USA
10 <sup>th</sup>	2009	Exploring the Limits of Endoscopy	<b>Jerome D Wayne</b> New York, USA
11 <sup>th</sup>	2010	Enhancing the Eye - The Future of Endoscopy	<b>David L Carr-Locke</b> New York, USA
12 <sup>th</sup>	2011	Enhanced Imaging of the Gastrointestinal Tract	<b>Hisao Tajiri</b> Tokyo, Japan
13 <sup>th</sup>	2012	The Current and Future Role of Endoscopic Ultrasonography in GI Practice	<b>Robert Hawes</b> Orlando, USA
14 <sup>th</sup>	2013	Viewing the Bile Duct - Recent Developments of Cholangioscopy	<b>Horst Neuhaus</b> Dusseldorf, Germany
15 <sup>th</sup>	2014	Future Prospects for Gastrointestinal Endoscopy	<b>Gregory Ginsberg</b> Philadelphia, USA
16 <sup>th</sup>	2015	Diagnosis and Endoscopic Treatment of Barrett's Esophagus	<b>Kenneth Wang</b> Rochester, USA
17 <sup>th</sup>	2016	Metabolic Endoscopy: Future Horizons in Therapeutic Endoscopy	<b>Jacques Deviere</b> Brussels, Belgium
18 <sup>th</sup>	2017	Re-defining Therapeutic Endoscopy - 20 years of Innovation	<b>Haruhiro Inoue</b> Tokyo, Japan
19 <sup>th</sup>	2018	Therapeutic Endoscopy - Building on Basics	<b>Thierry Ponchon</b> Lyon, France
20 <sup>th</sup>	2019	The Role of EUS in the Screening and Treatment of Pancreatic Cancer	<b>Mitsuhiro Kida</b> Tokyo, Japan

## Malaysian Society of Gastroenterology and Hepatology Orations

held at the MSGH Annual Scientific Meetings - "GUT"

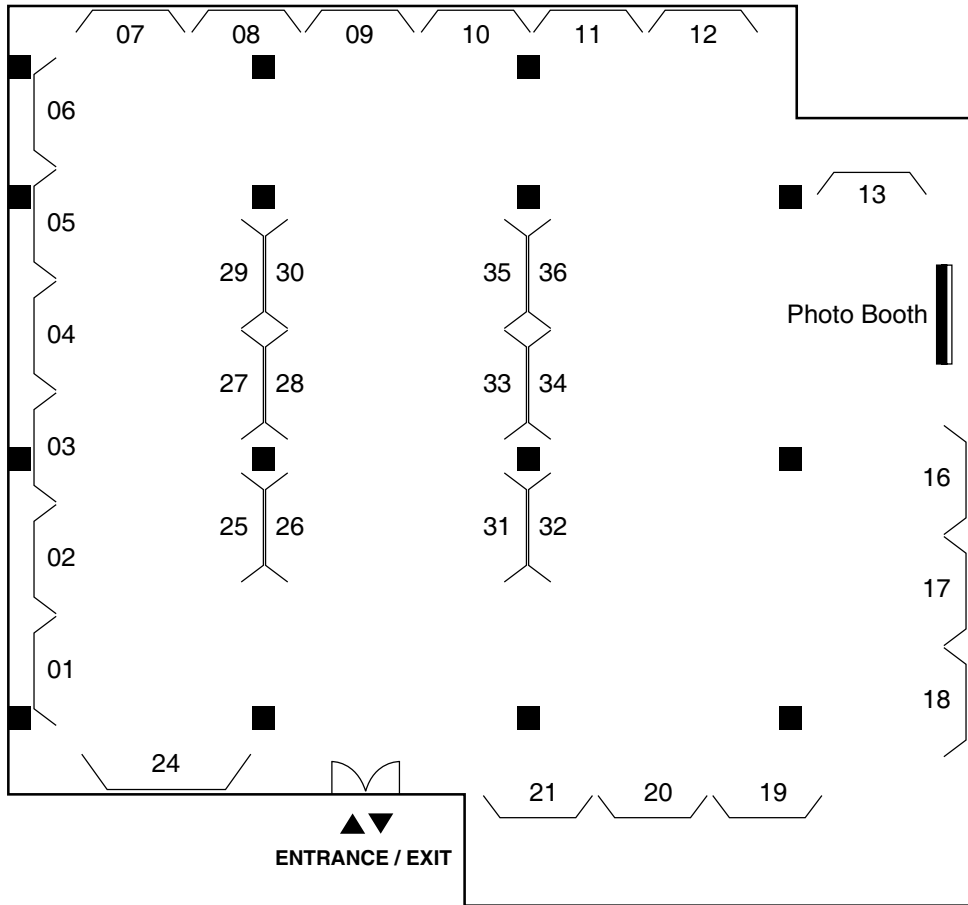
NO	YEAR	TOPIC	ORATOR
1 <sup>st</sup>	2001	Gastroenterology in Malaysia	<b>P Kandasami</b> Malaysia
2 <sup>nd</sup>	2002	<i>Helicobacter Pylori</i> : How It All Came About and Where Do We Go From Here?	<b>Barry J Marshall</b> Perth, Australia
3 <sup>rd</sup>	2003	Future Developments in Gastroenterology	<b>Guido J Tytgat</b> Amsterdam, Netherlands
4 <sup>th</sup>	2004	Pathogenesis of Gastric Cancer - A Unifying Concept	<b>Lam Shiu-Kum</b> Hong Kong, China
5 <sup>th</sup>	2005	GI Cancer - The Global Burden in the New Millennium	<b>Meinhard Classen</b> Munich, Germany
6 <sup>th</sup>	2006	Multi-Disciplinary Treatment in Esophageal Cancer: The Price of Failure	<b>John Wong</b> Hong Kong, China
7 <sup>th</sup>	2007	New Optical Technologies for Early Detection of Dysplasia	<b>Norman Marcon</b> Toronto, Canada
8 <sup>th</sup>	2008	Ulcer Bleeding: What You Really Want to Know	<b>Sydney Chung</b> Hong Kong, China
9 <sup>th</sup>	2009	Battling the Bulge in Asia - Implications for Gastroenterologists	<b>Geoffrey Farrell</b> Canberra, Australia
10 <sup>th</sup>	2010	New Insights Into Aetiopathogenesis of Functional Dyspepsia	<b>Nicholas J Talley</b> Newcastle, Australia
11 <sup>th</sup>	2011	Colorectal Cancer - The Emerging Cancer in the 21 <sup>st</sup> Century	<b>Colm O'Morain</b> Dublin, Ireland
12 <sup>th</sup>	2012	Minimally Invasive Therapy in Gastroenterology. Where have We Been? Where are We Now? Where are We Going?	<b>Richard Kozarek</b> Seattle, USA
13 <sup>th</sup>	2013	Asia at the Crossroads - Changing Patterns and Emerging Diseases	<b>Goh Khean Lee</b> Kuala Lumpur, Malaysia
14 <sup>th</sup>	2014	Insights Into Optimal Management of End Stage Liver Disease - A Continuing Challenge	<b>Patrick Kamath</b> Minnesota, USA
15 <sup>th</sup>	2015	<i>Helicobacter Pylori</i> and Gastric Cancer - A Balanced View	<b>Kentaro Sugano</b> Tochigi, Japan
16 <sup>th</sup>	2016	<i>H. pylori</i> and the Pathophysiology of Gastroduodenal and Esophageal Disease	<b>Kenneth McColl</b> Glasgow, United Kingdom
17 <sup>th</sup>	2017	Population Screening and <i>H pylori</i> Eradication to Reduce the Incidence of Gastric Cancer	<b>Paul Moayyedi</b> Ontario, Canada
18 <sup>th</sup>	2018	Hepatitis E In Asia	<b>Rakesh Aggarwal</b> Lucknow, India

## Panir Chelvam Memorial Lectures

held at the MSGH Annual Scientific Meetings - "GUT"

NO	YEAR	TOPIC	ORATOR
1 <sup>st</sup>	2004	Treatment of Chronic Viral Hepatitis in the Asia-Pacific Region: Realities and Practical Solutions	<b>Mohd Ismail Merican</b> Malaysia
2 <sup>nd</sup>	2005	Diagnosis and Management of Pancreatic Cancer	<b>Peter Malfertheiner</b> Magdeburg, Germany
3 <sup>rd</sup>	2006	GI Endoscopy in India - Development and Lessons for the Future	<b>Nageshwar Reddy</b> Hyderabad, India
4 <sup>th</sup>	2007	Evidence Based Medicine in the Real World	<b>Richard Hunt</b> Hamilton, Canada
5 <sup>th</sup>	2008	Plausible Solutions for Impossible Problems	<b>Pali Hungin</b> Durham, UK
6 <sup>th</sup>	2009	Lower GI Bleeding - Epidemiology and Management	<b>Fock Kwong-Ming</b> Singapore
7 <sup>th</sup>	2010	The Future Role of the Gastroenterologist in Digestive Oncology	<b>Joseph J Y Sung</b> Hong Kong, China
8 <sup>th</sup>	2011	East-West Difference in Upper Gastrointestinal Disease	<b>J Y Kang</b> London, UK
9 <sup>th</sup>	2012	Role of Chronic Inflammation in GI Cancer	<b>Emad El-Omar</b> Aberdeen, UK
10 <sup>th</sup>	2013	Achieving the Balance Between Drug Therapy and Surgery in Inflammatory Bowel Disease	<b>Michael Kamm</b> Melbourne, Australia
11 <sup>th</sup>	2014	Progress with Acute Pancreatitis - Millstones and Milestones	<b>John A Windsor</b> Auckland, New Zealand
12 <sup>th</sup>	2015	Non Cirrhotic Portal Hypertension	<b>Yogesh Chawla</b> Jabalpur, India
13 <sup>th</sup>	2016	Colorectal Surgery - Less Invasive, More Effective?	<b>John Monson</b> Orlando, Florida
14 <sup>th</sup>	2017	Latest Progress in Endoscopic Robot	<b>Lawrence Ho Khek Yu</b> Singapore
15 <sup>th</sup>	2018	My Journey In FODMAPs	<b>Peter Gibson</b> Australia

## Trade Exhibition at 13<sup>th</sup> Floor, Menara Selatan



BOOTH STAND	COMPANY	BOOTH STAND	COMPANY
1, 2 & 3	Medic Pro Healthcare Sdn Bhd	21	Boston Scientific (M) Sdn Bhd
4	Medi-Life (M) Sdn Bhd	24	Olympus (Malaysia) Sdn Bhd
5	PENTAX Medical (SYS Healthcare)	25	Meditop Corporation (M) Sdn Bhd
6 & 7	Cantel Medical (Malaysia) Sdn Bhd	26	Endosurgery Sdn Bhd
8, 9 & 10	Jimhans Medical Sdn Bhd	28	Yakult (Malaysia) Sdn Bhd
11	MKS Medic Sdn Bhd	30	Abbott Laboratories (M) Sdn Bhd
12	Laboratoires Anios	31	Cook Medical (M) Sdn Bhd
13	Wellmedic Healthcare	32	DCH Auriga (M) Sdn Bhd
16, 17 & 18	Takeda Malaysia Sdn Bhd	33	Beyond Sight Sdn Bhd
19	Fujifilm (Malaysia) Sdn Bhd	35	EP Plus Group Sdn Bhd

## Acknowledgements

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# The ONLY I.V. PPI Approved for Prevention of Peptic Ulcer Re-bleeding (PUB)<sup>1#</sup>

Start with Nexium® IV for **3 days** and continue with **27 days** of Nexium® 40 mg MUPS tablets<sup>2#</sup>



**3 DAYS<sup>2#</sup>** + **27 DAYS<sup>2#</sup>**  
80 mg I.V. bolus  
8 mg/h I.V. infusion<sup>1</sup>      40 mg MUPS Tablet

- Nexium® significantly reduces re-bleeding within 3 days, sustained up to 30 days by 43% (RRR)<sup>2</sup>
- Nexium® reduces the need for repeated endoscopic procedures by 45% (RRR)<sup>2</sup>
- Nexium® shortens the duration of hospitalization by 43% (RRR)<sup>2</sup>
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**Nexium® (Esomeprazole) 40 mg injection/infusion.** **Indications:** Gastric antisecretory treatment when the oral route is not possible, such as: gastroesophageal reflux disease in patients with esophagitis and/or severe symptoms of reflux, healing of gastric ulcers associated with NSAID therapy and prevention of gastric and duodenal ulcers associated with NSAID therapy in patients at risk. Prevention of rebleeding following therapeutic endoscopy for acute bleeding gastric or duodenal ulcers. **Dosage:** Gastric antisecretory treatment when oral route not possible. Cannot take oral medication: Parentally, 20-40 mg once daily. Reflux oesophagitis: 40 mg once daily. Reflux disease (symptomatic): 20 mg once daily. Healing of gastric ulcers associated with NSAID therapy: 20 mg once daily. Prevention of gastric and duodenal ulcers associated with NSAID therapy: 20 mg once daily. Treatment with Nexium IV can be given for up to 10 days as part of a full treatment period for the specified indications. Prevention of rebleeding of gastric and duodenal ulcers: follow therapeutic endoscopy for acute bleeding gastric or duodenal ulcers, 80 mg should be administered as a bolus infusion over 30 minutes, followed by a continuous intravenous infusion of 8 mg/h given over 3 days (72 hours). The parenteral treatment period should be followed by oral acid suppression therapy. **Contraindications:** Hypersensitivity to the active substance esomeprazole or to other substituted benzimidazoles or to any of the excipients of this medicinal product. Should not be used concomitantly with nelfinavir. **Precautions:** Exclude gastric malignancy prior to treatment. Slightly increased risk of Salmonella and Campylobacter. Co-administration of esomeprazole with atazanavir is not recommended. If unavoidable, close clinical monitoring is recommended in combination with an increase in the dose of atazanavir to 400 mg with 100 mg of ritonavir, esomeprazole 20 mg should not be exceeded. Potential interaction with drugs metabolized through CYP2C19. Potential reduction in Vitamin B12 absorption. Slightly increased risk for subacute cutaneous lupus erythematosus, hypomagnesaemia and fractures. Increased Chromogranin A could interfere with laboratory tests. **Undesirable effects:** Headache, abdominal pain, constipation, diarrhea, flatulence, nausea/vomiting. API based on Full PI February 2018.

**Nexium® MUPS™ (Esomeprazole) Delayed Release Tablets.** Film-coated tablets (MUP) 20 mg or 40 mg. **Indications:** Listed in dosage. **Dosage:** Adults and children from the age of 12 years: treatment of erosive reflux esophagitis: 40 mg once daily for 4-8 weeks, long term management of patients with healed esophagitis to prevent relapse: 20 mg once daily. Symptomatic treatment of gastroesophageal reflux disease (GERD): 20 mg once daily in patients without esophagitis. If symptoms control has not been achieved after 4 weeks, the patient should be further investigated. Once symptoms have resolved, subsequent symptom control can be achieved using 20 mg once daily. In adults, an on-demand regimen taking 20 mg once daily, when needed, can be used. In NSAID treated patients at risk of developing gastric cancer and duodenal ulcers, subsequent symptom treatment using an on-demand regimen is not recommended. Eradication of *Helicobacter pylori* and healing of *Helicobacter pylori* associated duodenal ulcer and prevention of relapse of peptic ulcers in patients with *Helicobacter pylori* associated ulcers in combination with an appropriate antibacterial therapeutic regimen: 20 mg Nexium MUPS with 1 g amoxicillin and 500 mg clarithromycin, all twice daily for 7 days. Healing of gastric ulcers associated with NSAID therapy in patients requiring continued NSAID therapy: 20 mg once daily for 4-8 weeks. Prevention of gastric and duodenal ulcers associated with NSAID therapy in patients at risk: 20 mg once daily. Prolonged treatment after i.v. induced prevention of rebleeding of peptic ulcers: 40 mg once daily for 4 weeks after i.v. induced prevention of rebleeding of peptic ulcers. Treatment of Zollinger Ellison Syndrome: 40 mg twice daily. **Contraindications:** Known hypersensitivity to esomeprazole, substituted benzimidazoles or any other constituents of the formulation. Should not be used concomitantly with nelfinavir. **Precautions:** Exclude malignancy prior to treatment. Fructose intolerance, glucose-galactose malabsorption or sucrose-isomaltase insufficiency. Slightly increased risk of gastrointestinal infections such as *Salmonella* and *Campylobacter*. Potential interaction with drugs metabolized by CYP2C19. Co-administration of esomeprazole with atazanavir is not recommended. If unavoidable, close clinical monitoring is recommended in combination with an increase in the dose of atazanavir to 400 mg with 100 mg of ritonavir, esomeprazole 20 mg should not be exceeded. **Undesirable effects:** Headache, abdominal pain, constipation, diarrhea, flatulence, nausea/vomiting. API based on Full PI February 2018.

RRR = Relative Risk Reduction  
# Following therapeutic endoscopy

References: 1. Prescribing Information for NEXIUM IV February 2018. 2. Sung JJ, et al. Ann Intern Med. 2009;150(7):455-464. 3. Rohss K et al. Int J Clin. Pharma & Therapeu, vol45-no5/2007 (345-354).

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